

## Eastview RB Community Center, 17520 Drayton Hall Way, San Diego, CA 92128

## **Stretch Class Guidelines:**

- Class reservations are required and must be made by phone.
- The stretch class will be limited to 10 member participants to assure social distancing.
- No guests allowed at this time.
- Max class time allowed of one (1) hour on regular scheduled days (Monday, Wednesday and Friday).
- Class will be held outdoors on the cement by the area closest to the outdoor kitchen.
- Participants are not to block the main walkway to the courts.
- Face coverings are required when entering and exiting the facility, walking to and from the restrooms and when interacting with staff.
- Once you are at your designated exercise area, you may remove your face covering. Face coverings are not required when engaged in outdoor physical activity.
- The two (2) outside restrooms ONLY will be open for use. Users will need to ask a staff member to open the restroom when needed, so the restrooms can be wiped down after every use.
- The Community Center's employees will monitor the stretch class to enforce social distancing.
- Participants must not to leave their assigned exercise section or attempt to socialize with others not from their household. Social distancing of at least six feet inside the community center is required.
- The drinking fountain is not available and will remain closed. Please bring your own water. Do not share water bottles.
- Participants should leave the facility immediately after stretch class.
- Members who do not comply will be asked to leave and could be subject to losing reservation privileges and/or other enforcement action until further notice.